



THE MALANKARA SYRIAN CATHOLIC CHURCH

THE EPHREMITES



BULLETIN OF THE EXARCHATE OF ST. EPHREM KHADKI - PUNE

VOL II | NO. 6 | October 2016



MISSION

SUNDAY

23 October 2016



Commemoration of Archbishop Benedict Mar Gregorios - 10 October



Feast of the Nativity of our Lady, Warje Malwadi



Feast of Nativity & Release of Pithrumrithi, Sakinaka



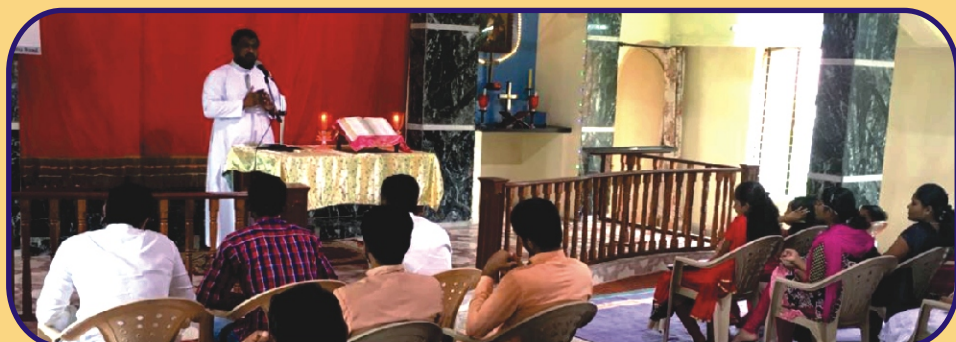
Inauguration of SEVA Kids Tuition Class



Suvisesha Sangham Formation at Chinchwad



**MCYM Exarchial Animator's visit to Pune Central & Warje
Resource Team Session, Hyderabad & Dombivali**



Suvisesha Sangham Formation at Dehu Road



MCYM Kalewadi visits Bethany Ashram



MCYM Resource and Prayer Session at Carmalaram, Mathikere, Padi & Chinchwad



MCCL Day Celebration, Thane



Parish Festal Celebration, Hennur



Feast of Nativity at Ayyapakam, Thamparam, Kalewadi and Thane Parishes



Sunday School Kalotsavam, Hennur



Mathrudinam Celebration at Hennur, Dehu Road, Chinchwad and Jeedimetla



Onam and Teacher's Day Celebrations at Exarchate Institutes in Chennai

The Malankara Syrian Catholic Church

THE EPHREMITÉ

Bulletin of the Exarchate of St Ephrem, Khadki - Pune



VOL II | NO.6 | October 2016

Exarchate of St. Ephrem
51 Bhau Patil Road
Bopodi - 411 020
Pune, Maharashtra

THE MALANKARA SYRIAN CATHOLIC CHURCH

THE EPHREMITES



BULLETIN OF THE EXARCHATE OF ST. EPHREM KHADKI - PUNE

VOL II | NO. 6 | October 2016

PATRON

H.E. Thomas Mar Anthonios OIC
Apostolic Exarch

EDITOR

Fr. George Mathew OIC
The Chancellor

CIRCULATION

Local Parish Priests

DESIGN LAYOUT

Anita Printers

PROOF

Mr. Renjith Varghese

DISTRUBUTION

Br Jose & Sabu

CORRESPONDENTS

Tom, Angel, Sojisha, Binu, Sijo, Cibi,
Nithin, Sara Mani, Jerome, Lijo, Justin,
Rex, Shibu, Beena, Jacob, Vitty, Anish,
John, Jeffi, Abraham, Bincy, Preethy, Teeja,
Thomas, Benson & Sabu

PRINTING

Anita Printers, Wadgaonsheer, Pune

PUBLISHED BY

The Chancellor
Exarchate of St. Ephrem,
51 Bhau Patil Road, Bopodi, Pune
Maharashtra, India

©Copyright With Exarchate of St. Ephrem

For private circulation only

CONTENTS

1. Voice of the Exarch
2. Mission Sunday Reflection-
Pope Francis
3. Common Circular Letter
4. Exarchial News
5. Exarchial Commission
News & Upcoming Events
6. Exarchial District News
7. Days of Remembrance
8. Bishop's Diary
9. Subscriptions Details



Dear All,

Greetings and love to all. Hope you are all doing fine. I specially remember the sick and those who require our prayers and prayerfully dedicate them to God's choices blessings.

The month of September 2016 leaves us having given us a lot of things to remember with fond memories. The Canonisation of Blessed Mother Teresa of Kolkotta, the submission of the documents of the Archieparchial Inquiry into the life, virtues and fame of holiness of the Servant of God Archbishop Mar Ivanios to the Holy See, the *Sabhasanghamam* on the occasion of the 86th Reunion Day Celebrations in the Eparchy of Puttur, the consecration of the newly built Cathedral of the Eparchy of Bathery, etc. are events that leave long lasting impressions in our ecclesial life.

I specially thank all for their participation in these events. I thank every for their offerings towards the conduct of the Sabhasanghamam at Puttur. While I handed over over a cheque for Rupees three lakhs to our beloved Pithav Mar Divannasios, individually many have contributed. The total offering may exceed Rupees ten lakhs. May God bless you for your generosity!

Youth Day 2016

Our Church celebrates Sunday, 2 October 2016 as Youth Day along with the feast day of St Francis of Assisi, the Patron Saint of the MCYM. The Chairman of the Synodal Commission for the Youth has sent a message and it is printed in this bulletin. Read it! Parish Priests shall read it in all our parishes along with the Holy Qurbano of the day. I wish the beloved youth of our Exarchate and all their animators a Happy Youth Day! Parents! Do encourage you children to be active participants of the MCYM!

The Month of Holy Rosary - October

The month of October traditionally is the month of the Rosary and the Feast of the Holy Rosary falls on 7 October. It is a great help in our Christian growth to pray the Rosary every day. The Rosary is one of the most powerful weapons that we have against evil. It will help us to ward off temptations. Prayed together with the family, it creates stability and peace in the home.

The Rosary helps us to contemplate on the important mysteries in the history of salvation, and to thank and praise God for them. Praying the decades (10 Hail Mary) of the Rosary is not necessarily about focusing on the

meaning of each word of each prayer. Rather it is more about contemplating the mystery for that decade. The secret that makes this prayer so effective is that the Rosary is both Prayer and Meditation.

The praying of the rosary is simple. We can pray it anywhere, on the road, in the car, in the bus, walking. It only requires some attention of the mind and heart. It is also an answer to stress, because it is a prayer that gives peace to the heart and mind. It enables us, by adding an intention to each mystery, to enter into communion with all and to intercede with Mother Mary for the salvation of all.

Together with our Oriental tradition of deep veneration to the Blessed Virgin Mary, the Mother of God, we shall pray the Rosary in our fight against the evil and perils of our day-to-day life.

Commemoration of Aboon Benedict Mar Gregorios

In the Malankara Syrian tradition, Bishops are considered as saints and their commemoration day as Holy Days. For the Malankara Syrian Catholic Church, 10 October is a great Holy Day because of the commemoration of His Grace Benedict Mar Gregorios. His enchanted presence in the Malankara Catholic Church as an Archbishop for 41 long years was the manifestation of God's love, care and mercy towards our small Church which was in its infancy those days. Let his fond memories be a strong fortress for us to stand boldly and divinely to persevere and grow in our ecclesial and spiritual life.

Mission Sunday – 23 October

Mission Sunday is a day set aside by the Catholic Church throughout the world to publicly renew our commitment to the missionary movement. It is celebrated on the penultimate (next-to-last) Sunday of October every year. It is the day on which we reflect on the urgency to proclaim the Joy of the Gospel in our times.

Since the Church is, by her very nature missionary, evangelization constitutes a duty and a right for every one of her members (*cf. Lumen Gentium* 17; *Ad Gentes* 28, 35-38). The Lord calls us to go beyond ourselves and to share with others the blessings we have received, beginning with the gift of faith. It cannot be considered as a private privilege but must be seen as a gift to be shared with those who have not yet received it so far. Such activity will benefit our faith, since faith is strengthened when it is shared.

Mission Sunday should not be degraded as merely as a day to collect funds for the mission activities of the Church. The Holy Qurbano of the Day should be offered remembering all the missionaries around the world who are painstakingly devoting their entire life for this cause and all the mission areas where the Joy of the Gospel is lately proclaimed especially our thrust areas like Orissa, Punjab, North-Eastern States, Coimbatore and Vijayawada. The Sermon should be oriented towards taking up a missionary commitment by the faithful, to share the Gospel whenever and wherever possible, to pray daily for the mission of the Church and to contribute regularly for the cause of the mission in cash and kind.

In the Exarchate, we are initiating a Mission-Connect Team which will connect the Parishes of the Exarchate with the probable Mission Areas where we intend to spread the Joy of the Gospel with the down trodden and the marginalized. I exhort you to be active members of the Mission-Connect Team which will be guided and co-ordinated by Fr. Varghese Valikkodath. He is given the additional responsibility of co-ordinating the Mission Areas of the Exarchate by the appointment as the Director of Missions. The details of the Mission-Connect Project and the upcoming Vijayawada Mission will be communicated to you by him in this month itself.

Qudos Eetho Sunday – 30 October

The new Liturgical Year begins on Sunday, 30 October with the celebration of the Qudos Eetho, the Sanctification of the Church. The Church Fathers have designed the Liturgical Year in such a way that we begin the New Year with the sanctification of the Church. The Church is Holy; we partake in the holiness of the Church through the sanctification of our self, by reconciling with God, with Brethren, with oneself and with nature. Our sanctification is continuous and extends till the last breath of our life. The Feast of Sanctification reminds us of the obligation to cleanse ourselves regularly in order to be the genuine sons and daughters of the Holy Church.

In conclusion, I wish every one of you God's choicest blessings and the unfailing protection of God through the intercession of the Blessed Virgin Mary and all the Saints!

I know that I am in your prayers as you are in mine

+ *Mar Anthonios*

✠ **Thomas Mar Anthonios OIC**
Apostolic Exarch

Reflections from Pope Francis on Mission Sunday

The Extraordinary Jubilee of Mercy, which the Church is celebrating, casts a distinct light on World Mission Sunday 2016: it invites us to consider the *missio ad gentes* as a great, immense work of mercy, both spiritual and material. On this World Mission Sunday, all of us are invited to "go out" as missionary disciples, each generously offering their talents, creativity, wisdom and experience in order to bring the message of God's tenderness and compassion to the entire human family. By virtue of the missionary mandate, the Church cares for those who do not know the Gospel, because she wants everyone to be saved and to experience the Lord's love. She "is commissioned to announce the mercy of God, the beating heart of the Gospel" (*Misericordiae Vultus*, 12) and to proclaim mercy in every corner of the world, reaching every person, young or old.

When mercy encounters a person, it brings deep joy to the Father's heart; for from the beginning the Father has lovingly turned towards the most vulnerable, because his greatness and power are revealed precisely in his capacity to identify with the young, the marginalized and the oppressed (cf. Deut 4:31; Ps 86:15; 103:8; 111:4). He is a kind, caring and faithful God who is close to those in need, especially the poor; he involves himself tenderly in human reality just as a father and mother do in the lives of their children (cf. Jer 31:20). When speaking of the womb, the Bible uses the word that signifies mercy: therefore it refers to the love of a mother for her children, whom she will always love, in every circumstance and regardless of what happens, because they are the fruit of her womb. This is also an essential aspect of the love that God has for all his children, whom he created and whom he wants to raise and educate; in the face of their weaknesses and infidelity, his heart is overcome with compassion (cf. Hos 11:8). He is merciful towards all; his love is for all people and his compassion extends to all creatures (cf. Ps 144:8-9).

From the Vatican, 15 May 2016, Solemnity of Pentecost



മലങ്കര സുറിയാനി കത്തോലിക്കാ സഭ

യുവജനദിന സന്ദേശം-2016

യുവജനങ്ങൾക്കുവേണ്ടിയുള്ള സുന്നഹദോസ് കമ്മീഷൻ
ചെയർമാൻ മോസ്സ് റവ. വിൻസന്റ് മാർ പൗലോസ്
മെത്രാപ്പോലീത്തായുടെ സന്ദേശം

“സത്യമായി ഞാൻ നിങ്ങളോട് പറയുന്നു,
എന്റെ ഏറ്റവും എളിയ ഈ സഹോദരന്മാരിൽ ഒരുവന് നിങ്ങൾ
ഇതു ചെയ്തുകൊടുത്തപ്പോൾ എനിക്കു തന്നെയാണ് ചെയ്തു
തന്നത്” (മത്താ 25:40).

ബഹു. വൈദികരേ, ശ്രദ്ധാശ്രമരേ, സന്യസ്തരേ, എന്റെ പ്രിയമുള്ള
യുവജനസുഹൃത്തുക്കളേ,

അസ്സീസിലെ വി. ഫ്രാൻസിസിന്റെ തിരുനാളും യുവജനദി
നവും 2016 ഒക്ടോബർ 2-ാം തീയതി നാം ആഘോഷിക്കുന്നു.
ദൈവകൃപയുടേയും ദൈവകരുണയുടേയും ഈ പ്രത്യേക അവസ
രത്തിൽ, എന്റെ പ്രിയപ്പെട്ട യുവജന സുഹൃത്തുക്കളെയും, വളരെ
പ്രത്യേകമായി യുവജന ശുശ്രൂഷയിൽ ഏർപ്പെട്ടിരിക്കുന്ന ബഹു.
വൈദികരേയും സിസ്റ്റേഴ്സിനേയും, അല്മായരേയും ഞാൻ
അഭിവാദനം ചെയ്യുന്നു. ലോകയുവജന ദിനത്തിനായി ഏഴു ഭൂഖണ്ഡ
ങ്ങളിൽ നിന്ന് ഒത്തുകൂടിയ യുവജനങ്ങളിലേയ്ക്ക് സന്നിവേശിപ്പി
ക്കപ്പെട്ട കരുണയുടെ സ്മരണങ്ങൾ ലോകത്തിന്റെ എല്ലാ കോണു
കളിലേയ്ക്കും എത്തിച്ചേർന്നുകൊണ്ടിരിക്കുന്നു. 2015 ഡിസംബർ 8
അമലോത്ഭവത്തിരുന്നാളിൽ സമാരംഭിച്ച കരുണയുടെ വർഷാചരണം
2016 നവംബർ 20 ക്രിസ്തുരാജ്യം തിരുന്നാൾ ദിവസം സമാപിക്കുക
യാണ്. ഇനിയും കുറച്ചു ദിവസങ്ങൾ മാത്രമാണ് നമ്മുടെ
മുമ്പിലുള്ളത്. ആയതിനാൽ, സഭയിലും ലോകത്തിലും യുവജനങ്ങൾ

കരുണയുടെ സംവാഹകരാകുവാൻ കരുണയെന്ന വിഷയത്തെക്കുറിച്ച് ധ്യാനിക്കുന്നത് പ്രസക്തവും അർത്ഥപൂർണ്ണവുമാണ്.

കരുണ: ക്രിസ്തു ശിഷ്യരുടെ ശ്രേഷ്ഠമായ അടയാളം

ദൈവ പ്രീതിയുടെ ഈ ജൂബിലി വർഷം, “നിങ്ങളുടെ പിതാവ് കരുണയുള്ളവനായിരിക്കുന്നതുപോലെ നിങ്ങളും കരുണയുള്ളവരായിരിക്കുവിൻ” (ലൂക്ക 6: 36) എന്ന കർത്തൃവചനത്തിന്റെ വെളിച്ചത്തിൽ ജീവിക്കാൻ നമ്മെ ക്ഷണിക്കുന്നു. വി. ലൂക്കോസിന്റെ സുവിശേഷത്തിൽ ക്രിസ്തുശിഷ്യരുടെ ശ്രേഷ്ഠമായ അടയാളം കരുണയാണ്, എന്നാൽ വി. മത്തായിയുടെ സുവിശേഷത്തിൽ ഇത് പൂർണതയാണ്. “നിങ്ങളുടെ സ്വർഗസ്ഥനായ പിതാവ് പരിപൂർണ്ണനായിരിക്കുന്നതുപോലെ നിങ്ങളും പരിപൂർണ്ണരായിരിക്കുവിൻ” (മത്താ 5:48). സഹോദരനോട് രമ്യപ്പെടുക, വ്യഭിചാരം ചെയ്യരുത്, വിവാഹമോചനത്തിനെതിരെയുള്ള ശാസന, കള്ളസത്യത്തെക്കുറിച്ചുള്ള മുന്നറിയിപ്പ്, തിന്മയെ നന്മകൊണ്ട് നേരിടുക, ശത്രുക്കളെ സ്നേഹിക്കുക തുടങ്ങിയ കാര്യങ്ങൾ വിവരിച്ചതിനെത്തുടർന്നാണ് ഗിരിപ്രഭാഷണത്തിൽ നാം ഈ പ്രസ്താവന കാണുന്നത്. ഇക്കാര്യങ്ങൾക്കു ശേഷം മാത്രമാണ് പിതാവിനെപ്പോലെ പൂർണ്ണരാകുക എന്ന പ്രബോധനം നാം കാണുന്നത്. അതിനർത്ഥം, സ്നേഹം പ്രാവർത്തികമാക്കുന്നവരാണ് പൂർണ്ണരാകുന്നത് എന്നാണ്.

അതിരറ്റ സ്നേഹനിധിയായ കരുണാമയനായ ദൈവം തന്റെ കൃപയും കരുണയും വഴി തന്നെത്തന്നെ നമുക്ക് പകർന്നുതരുന്നു. ക്രിസ്തു ശിഷ്യർ ദൈവസ്നേഹം അനുഭവിക്കുന്നത് കൃപയും കരുണയുമായിട്ടാണ്. ഈ കൃപയിലും കരുണയിലും വളരാനാണ് അവർ വിളിക്കപ്പെട്ടിരിക്കുന്നതും, അതുതന്നെയാണ് ക്രിസ്തീയ ജീവിതത്തിന്റെ പൂർണ്ണതയും. താഴെപ്പറയുന്ന വാക്കുകളിൽ ക്രിസ്തീയ പൂർണ്ണത വിശദമാക്കുന്നു: “അവിടുന്ന് ശിഷ്യരുടേയും ദൂഷ്ടരുടേയും മേൽ സൂര്യനെ ഉദിപ്പിക്കുകയും, നീതിമാന്മാരുടേയും നീതിരഹിതരുടേയും മേൽ മഴ പെയ്യിക്കുകയും ചെയ്യുന്നു” (മത്താ 5:45). സ്വർഗസ്ഥ പിതാവിനെപ്പോലെ പരിപരിപൂർണ്ണരാകുന്നതിന് രണ്ടു മാർഗങ്ങൾ മാത്രമാണുള്ളത്, പൂർണ്ണഹൃദയത്തോടെ ദൈവത്തെ സ്നേഹിക്കുകയും കരുണാർദ്രമായ ഹൃദയത്തോടെ അയൽക്കാരെ സ്നേഹിക്കുകയും ചെയ്യുക. പൂർണ്ണതയുടെ ഈ രണ്ടു ചേരുവകൾ അനുദിന ജീവിതത്തിൽ സമന്വയിപ്പിക്കുന്നവർക്ക് മാത്രമേ ദൈവ കരുണ അനുഭവിക്കാൻ സാധിക്കുകയുള്ളൂ. അതേസമയം നാം

ഓർക്കേണ്ടതെന്നൊന്നാൽ, കരുണയെന്നാൽ ആളുകളുടെ തിന്മയുടെ വഴികളെ അംഗീകരിക്കുകയല്ല, പിന്നെയോ, വ്യക്തികൾക്ക് അർഹമായ ബഹുമാനം നൽകി അവരെ നല്ല പാതയിലേയ്ക്ക് കൊണ്ടുവരിക എന്നതാണ്.

ക്രിസ്തുവിനെ അനുധാവനം ചെയ്ത് ക്രിസ്തുമതത്തിന്റെ യഥാർത്ഥമൂലം ലോകത്തിന് കാണിച്ചുകൊടുത്ത വിശുദ്ധരിൽ ഒരാളാണ് കൽക്കത്തയിലെ വി. മദർ തെരേസ. പാവങ്ങളോടും ആവശ്യക്കാരോടുമുള്ള അവരുടെ അനുകമ്പയും സ്നേഹപൂർണ്ണമായ പരിചരണവും വഴി സ്നേഹത്തിന്റെ കൽപന ജീവിക്കുകയും ക്രിസ്തുമതം എന്തെന്ന് അവർ ലോകത്തിന് കാണിച്ചുകൊടുക്കുകയും ചെയ്തു. ക്രിസ്തു ഒരു കൽപന മാത്രമേ ശിഷ്യർക്കു നൽകിയിട്ടുള്ളൂ, അത് സ്നേഹത്തിന്റെ കൽപനയാണ്. “ഞാൻ പുതിയൊരു കൽപന നിങ്ങൾക്കു നൽകുന്നു. ഞാൻ നിങ്ങളെ സ്നേഹിച്ചതുപോലെ നിങ്ങളും പരസ്പരം സ്നേഹിക്കുവിൻ. നിങ്ങൾക്കു പരസ്പരം സ്നേഹമുണ്ടെങ്കിൽ നിങ്ങൾ എന്റെ ശിഷ്യന്മാരാണെന്ന് അതുമൂലം എല്ലാവരും അറിയും” (യോഹ 13:34-35). അനുകമ്പയുള്ള ഒരു മനുഷ്യസമൂഹത്തെ വാർത്തെടുക്കാൻ ലോകത്തിന്റെ മുറിവുകൾ കരുണയും ക്ഷമയുമാകുന്ന ലേപനങ്ങൾക്കൊണ്ട് സുഖമാക്കപ്പെടണം. ഇപ്പോഴത്തെ യുവതലമുറ പലതരത്തിൽ രോഗാതുരമാണ്. വിദ്യ പ്രധാനം ചെയ്യാത്തതും ലാഭത്തിനും പ്രശസ്തിയ്ക്കുമായി മത്സരിക്കുന്ന മാധ്യമങ്ങളാൽ അത് മുറിവേൽക്കപ്പെട്ടിരിക്കുന്നു. പരമ്പരാഗതമായ കുടുംബപ്രാർത്ഥനകൾ, ഒന്നിച്ചു ഭക്ഷിക്കുന്നതുപോലെയുള്ള കുലീനമായ ശീലങ്ങൾ എന്നിവ അപ്രത്യക്ഷമായിരിക്കുന്നു. തകർന്ന കുടുംബങ്ങൾ യുവജനങ്ങളെ കൂട്ടുകെട്ടുകളുടെ സമ്മർദ്ദങ്ങളിലേയ്ക്കും അന്ധമായ അനുകരണത്തിലേയ്ക്കും തള്ളിവിടുന്നു. പ്രകൃതിക്കും മനുഷ്യത്വത്തിനുമെതിരെയുള്ള കുറ്റകൃത്യങ്ങൾമൂലം സമൂഹത്തിലുണ്ടായിട്ടുള്ള മുറിവുകൾ പ്രകൃതിയോടും സഹജീവജാലങ്ങളോടും കരുണകാണിക്കുന്നതിലൂടെ മാത്രമേ സൗഖ്യമാക്കപ്പെടുകയുള്ളൂ.

“പിതാവിന്റെ കരുണയുടെ മൂലമാണ് ക്രിസ്തു... നസ്രത്തിലെ യേശു, തന്റെ വാക്കുകളിലൂടെ, പ്രവർത്തികളിലൂടെ, തന്റെ പൂർണ്ണ വ്യക്തിത്വത്തിലൂടെ ദൈവത്തിന്റെ കരുണ വെളിപ്പെടുത്തുന്നു.” വാസ്തവത്തിൽ, അവൻ കരുണ തന്നെയാണ്. “അവനിലുള്ള സകലതും കരുണ പ്രഘോഷിക്കുന്നു. അനുകമ്പ കൂടാത്ത ഒന്നും തന്നെ അവനിലില്ല” (ഫ്രാൻസിസ് മാർപാപ്പ, *Misericordiae Vultus*

(കരുണയുടെ മൂലം), 8) “ഉണങ്ങിപ്പോയ ഭൂമിയെപ്പോലും പുനോട്ടമാക്കാനും അസ്ഥിക്കുന്മാരത്തിന് ജീവൻ നൽകാനും ദൈവകരുണയ്ക്ക് സാധിക്കും (cf. എസെ 37:1-14)... ദൈവകരുണയാൽ നമുക്ക് നവീകരിക്കപ്പെടാം, ക്രിസ്തുവിനാൽ നമുക്ക് സ്നേഹിക്കപ്പെടാം, നമ്മുടെ ജീവിതങ്ങളെ രൂപാന്തരീകരിക്കാൻ അവന്റെ സ്നേഹത്തിന്റെ ഊർജ്ജം നമുക്ക് ശക്തിപ്പെടുത്താം, അതുപോലെ, ദൈവം ഈ ലോകത്തെ നനയ്ക്കുകയും എല്ലാ സൃഷ്ടികളെയും സംരക്ഷിക്കുകയും ചെയ്യുന്ന ഈ കരുണയുടെ കാര്യസ്ഥരായി നമുക്ക് മാറാം, അങ്ങനെ നീതിയും സമാധാനവും പുത്തുലയട്ടെ. (2013 മാർച്ച് 31-ലെ മാർപാപ്പായുടെ ഊസ്റ്റർ ദിന സന്ദേശം - *Urbi et Orbi*). നഭ ജനങ്ങളോടുള്ള അവളുടെ നിസ്വാർത്ഥമായ ശുശ്രൂഷയിലൂടെ അവളുടെ ക്രിസ്തുദൗത്യം തുടരുന്നു. ഊർജ്ജസ്വലമായ യുവത്വത്തിന് ഫലവത്തായരീതിയിൽ ഈ സമൂഹത്തെ മാനുഷികവും കരുണാർദ്രവുമാക്കാം. ഈ ദൗത്യം നമ്മുടേതാക്കി മാറ്റാം.

കരുണയുടെ പ്രവർത്തികൾ പരിശീലിക്കുക

ഈ കാലഘട്ടത്തിൽ നമുക്ക് വെല്ലുവിളിയുയർത്തുന്ന രണ്ടു വാക്കുകളാണ് ദുരിതവും കരുണയും (Misery and Mercy). ദുരിതം തിന്മയുടെ മൂലത്തെ പ്രതിനിധീകരിക്കുന്നു. മൗലികവാദം, തീവ്രവാദം, തകർക്കപ്പെട്ട കുടുംബബന്ധങ്ങൾ, അഴിമതി, അതുപോലെയുള്ള മറ്റു മാനുഷിക ദുരിതങ്ങൾ തിന്മയുടെ മൂലം പ്രകടമാക്കുന്നു. മനുഷ്യകുലത്തിലുള്ള ഏക പ്രത്യാശ “കരുണയുടെ പിതാവും സകല സമാശ്വാസത്തിന്റെയും ദൈവവുമായ” (2കോരി 1:3) ദൈവമായ കർത്താവാണ്. ഇപ്രകാരമുള്ള ദുരിതത്തിൽ ജീവിക്കുന്ന മനുഷ്യൻ ദൈവത്തെ കരുണയുടെ ദൈവമായി എളുപ്പത്തിൽ മനസ്സിലാക്കുന്നു. അതുകൊണ്ട് ദൈവകരുണ ജീവിക്കുകയും പ്രഘോഷിക്കുകയും ചെയ്യുന്നതിനെയാണ് സഭ തന്റെ പ്രേഷിതദൗത്യമായി മനസ്സിലാക്കുന്നത്. കരുണയുടെ പ്രവർത്തികൾ ദുഃഖിതർക്കും പ്രത്യാശ നഷ്ടപ്പെട്ടവർക്കും പ്രതീക്ഷ നൽകുന്നു. ദൈവകരുണ അനുഭവിക്കാൻ മാത്രമല്ല അതു മറ്റുള്ളവരോട് പ്രകടിപ്പിക്കാനും നാം വിളിക്കപ്പെട്ടിരിക്കുന്നു. ദൈവകരുണ അമർത്തമായ സങ്കല്പമല്ല, പിന്നെയോ, തന്റെ സ്നേഹം വെളിപ്പെടുത്തുന്ന ഇന്ദ്രിയഗോചരമായ യാഥാർത്ഥ്യമാണ്. മറ്റുള്ളവരോട് നമ്മുടെ പ്രവർത്തികളിലൂടെയും വാക്കുകളിലൂടെയും പ്രാർത്ഥനയിലൂടെയും കരുണാർദ്രരാകുന്നതിലൂടെയാണ് നാം കരുണ പ്രാവർത്തികമാക്കുന്നത്; മറ്റൊരു

രീതിയിൽ പറഞ്ഞാൽ, ശാരീരികവും ആത്മീകവുമായ കാരുണ്യപ്രവർത്തികൾ ചെയ്യുന്നതിലൂടെയാണ്.

ആത്മീകവും ശാരീരികവുമായ കാരുണ്യപ്രവർത്തികളിലൂടെ നാം നമ്മുടെ അയൽക്കാരുടെ ആത്മീകവും ശാരീരികവുമായ ആവശ്യങ്ങളിൽ സഹായിക്കാനെത്തിച്ചേരുന്നു. അറിവില്ലാത്തവരെ പഠിപ്പിക്കുക, സംശയം ഉള്ളവരുടെ സംശയം തീർക്കുക, ദുഃഖിതരെ ആശ്വസിപ്പിക്കുക, തെറ്റു ചെയ്യുന്നവരെ തിരുത്തുക, ഉപദ്രവങ്ങൾ ക്ഷമിക്കുക, അന്യരുടെ കുറ്റങ്ങൾ ക്ഷമയോടെ സഹിക്കുക, ജീവിച്ചിരിക്കുന്നവർക്കും മരിച്ചവർക്കുവേണ്ടി പ്രാർത്ഥിക്കുക എന്നിവയാണ് കരുണയുടെ ആത്മീക പ്രവർത്തികൾ. വിശക്കുന്നവർക്ക് ഭക്ഷണം കൊടുക്കുക, ദാഹിക്കുന്നവർക്ക് കുടിക്കാൻ കൊടുക്കുക, വസ്ത്രം ഇല്ലാത്തവർക്ക് വസ്ത്രം കൊടുക്കുക, പാർപ്പിടം ഇല്ലാത്തവർക്ക് പാർപ്പിടം നൽകുക, രോഗികളെ സന്ദർശിക്കുക, തടവുകാരെ സന്ദർശിക്കുക, മരിച്ചവരെ സംസ്കരിക്കുക എന്നിവയാണ് കരുണയുടെ ശാരീരിക പ്രവർത്തികൾ. ആത്മീകവും ശാരീരികവുമായ കാരുണ്യപ്രവർത്തികൾ മനുഷ്യദുരിതങ്ങൾ ലഘൂകരിക്കുന്നു. യുവജനങ്ങൾ അവരുടെ കഴിവനുസരിച്ചും തങ്ങളുടെ അയൽക്കാരുടെ ആവശ്യമനുസരിച്ചും കരുണയുടെ പ്രവർത്തികൾ ചെയ്യാൻ കടപ്പെട്ടിരിക്കുന്നു. കരുണയുടെ ഏഴു ശാരീരിക പ്രവർത്തികൾ, അതിന്റെ ആത്മീക തലത്തിൽ അടിസ്ഥാനമുറപ്പിച്ചില്ലെങ്കിൽ യഥാർത്ഥത്തിൽ ക്രിസ്തീയമായിരിക്കുകയില്ല. ആത്മീക പ്രവർത്തികൾ കൂടാതെ കരുണയുടെ ശാരീരിക പ്രവർത്തികൾ ചെയ്യാനാവില്ല. ഇവ ഭൗതിക പ്രവർത്തികളെ അനുധാവനം ചെയ്യുകയും ശക്തിപ്പെടുത്തുകയും ചെയ്യുന്നു. ക്രിസ്ത്യാനി ചെയ്യുന്ന കരുണയുടെ പ്രവർത്തികൾ യേശുക്രിസ്തുവിനെ സൂചിപ്പിക്കുന്നു; സാക്ഷ്യപ്പെടുത്തുന്നു. ആയതിനാൽ യേശുവിനെ ഏറ്റവും അടുത്ത് അനുകരിക്കുവാൻ ശ്രമിക്കുന്ന ഒരാൾക്ക് കരുണയുടെ പ്രവർത്തികൾ ചെയ്യാതിരിക്കാനാവില്ല. ആത്മീയത കരുണയുടെ പ്രവർത്തികൾക്കായാതെ എന്ന് വ്യക്തം.

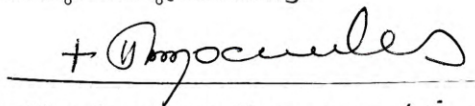
ലോകത്തെ മാറ്റുന്ന കരുണയുടെ പ്രവർത്തികൾ

കരുണയുടെ പ്രവർത്തികൾക്ക് ലോകത്തെ മാറ്റാനുള്ള ശക്തിയുണ്ട്. ഇത് സ്വർഗീയ ജീവിതത്തിന്റെ സവിശേഷതയും ശക്തമായ ആയുധവുമാണ്. ദൈവത്തിന് മറ്റുള്ളവരോടുള്ള കരുണയുടെ ഉപകരണങ്ങളാകാൻ പരിശുദ്ധ പിതാവ് ഫ്രാൻസിസ്

മാർപാപ്പാ യുവജനങ്ങളെ ക്ഷണിക്കുന്നു. യുവജനങ്ങൾ കരുണയുടെ ആത്മീകവും ശാരീരികവുമായ പ്രവർത്തികൾ ചെയ്യാൻ വിളിക്കപ്പെട്ടിരിക്കുന്നു. മറ്റുള്ളവരോട് കരുണകാണിക്കുക എന്നത് കത്തോലിക്കാ സംസ്കാരമാണ്. “പാപം, ധാർമിക തിന്മ, ആത്മീക തിന്മ, എന്നിവയാകുന്ന ‘അർബുദ’ത്തിൽനിന്ന് മനുഷ്യനെയും ലോകത്തെയും രക്ഷിക്കാനുള്ള യഥാർത്ഥ ശക്തിയാണ് കരുണ” (ആഞ്ചലൂസ് 15 സെപ്തംബർ, 2013). കരുണ പാപികളെ രൂപാന്തരീകരിക്കുകയും അവർക്ക് പുതുജീവൻ നൽകുകയും ചെയ്യുന്നു. യുവജനദിനം അർത്ഥപൂർണ്ണമായി ആഘോഷിക്കാനുള്ള ഏറ്റവും നല്ല മാർഗം കരുണയുടെ പ്രവർത്തികൾ പ്രവർത്തികമാക്കുക എന്നുള്ളതാണ്. പ്രിയ യുവജന സുഹൃത്തുക്കളെ, പാർശ്വവത്കരിക്കപ്പെട്ടവരെ കരുണയുടെ പ്രവർത്തികളിലൂടെ ജീവിതത്തിന്റെ മുഖ്യധാരയിലേയ്ക്ക് കൊണ്ടുവരാൻ നമ്മുടെ സഹായഹസ്തങ്ങൾ നൽകാം.

ഈ യുവജനദിനം അർത്ഥപൂർണ്ണമായി അതാതു തലങ്ങളിൽ ആഘോഷിക്കാൻ ഞാൻ നിങ്ങളെ ആഹ്വാനം ചെയ്യുന്നു. സഭാതലത്തിലെ യുവജനദിനാഘോഷം പത്തനംതിട്ട ഭദ്രാസനത്തിലെ കാർമ്മല, മലങ്കര സുറിയാനി കത്തോലിക്കാ ദൈവാലയത്തിൽവച്ച് ഒക്ടോബർ 2-ന് നടക്കുന്നതാണ്. അന്നേദിവസത്തെ സ്തോത്രക്കാഴ്ചയും പ്രത്യേക സംഭാവനകളും ഭദ്രാസന ഫിനാൻസ് ഓഫീസിൽ അടയ്ക്കേണ്ടതാണെന്ന് ഞാൻ ഓർമ്മിപ്പിക്കുന്നു. പ്രസ്തുത തുകയുടെ പകുതി ഭദ്രാസനതല യുവജന ശുശ്രൂഷയ്ക്ക് വിനിയോഗിക്കാവുന്നതാണ്. സഭാതല യുവജന ശുശ്രൂഷയ്ക്കുവേണ്ടി പ്രസ്തുത തുകയുടെ മറുപകുതി മേജർ ആർക്കിഎപ്പിസ്കോപ്പൽ കുരിയായിലേയ്ക്ക് അയച്ചുകൊടുക്കാൻ ഭദ്രാസന ഫിനാൻസ് ഓഫീസർമാരെ പ്രത്യേകം ഓർമ്മപ്പെടുത്തട്ടെ.

ദൈവം നിങ്ങളെല്ലാവരെയും അനുഗ്രഹിക്കട്ടെ!



✠ വിൻസെന്റ് മാർ പാലോസ് മെത്രാപ്പോലീത്ത

ചെയർമാൻ, സഭാതല യുവജന സിനഡൽ കമ്മീഷൻ,

20-09-2016

കാതോലിക്കേറ്റ് സെന്റർ

മാർത്താണ്ഡം ഭദ്രാസനാദ്ധ്യക്ഷൻ

പട്ടം, തിരുവനന്തപുരം

N.B: ഈ സർക്കുലർ ഒക്ടോബർ 2-ാം തീയതി ഞായറാഴ്ച വി. കുർബാന മദ്ധ്യേ നമ്മുടെ എല്ലാ ഇടവകകളിലും, മിഷൻ കേന്ദ്രങ്ങളിലും, ആരാധനാകേന്ദ്രങ്ങളിലും വായിക്കേണ്ടതാണ്.

EXARCHIAL NEWS**1. Closing of the Canonization Inquiry and Visit to Rome**

26 August 2016 was moments of great joy for the Malankara Catholic Church to witness the ‘Closing ceremony of the archieparchial inquiry for the cause of canonization of servant of God Archbishop Mar Ivanios at St Mary’s Malankara Cathedral Church in Trivandrum. The exarchate rejoices with the Church and specially congratulates H E Thomas Mar Anthonios OIC for his total commitment and laborious efforts working as the Postulator of the Cause for the Canonization since 25 February 1998. His Excellency along with Bava Thirumeni visited Rome on 02-08 September for the official submission of the documents of the cause for the canonization. The church earnestly prays for the sainthood of Archbishop Mar Ivanios.

2. Sainthood of St Mother Teresa, Rome

On 5 September H E Thomas Mar Anthonios visited Rome for the official submission of the documents for the cause of the canonization of Servant of God Archbishop Mar Ivanios. It was a great blessing for the exarchate and for His Excellency that he could also attend the Canonization ceremony of St Mother Teresa held on 06 September at Vatican in Rome and pray for the exarchate and for the church at large.

3. Developmental Strategic Meeting, Sakinaka

A meeting to discuss on the strategic development of the exarchate was held on 23 August at Sakinaka Presbytery. Bishop Mar Anthonios was the president of the meeting. Msgr Varghese Mattamana, Frs Mathai Iranathara OIC, Varghese Kaithon, George Mathew OIC along with the lay representatives including Mr John Mathew, Alex Valavil, Babu George and Sunny Powath attended this meeting. The meeting discussed on the matters of land at Khopoli, searching for a property at Bainder, development of property at Warje Malwadi. The meeting decided and appointed a three member team of lay representatives of Mr. John Mathew, Alex Valavil and Babu George to look in for the availability of land in Mumbai.

4. Feast of the Nativity of our Lady

The feast of the Nativity of our Lady was celebrated throughout all the parishes of the Exarchate with great piety. On 01 September H E Thomas Mar Anthonios led the '*kodiyettam shushrusha*' followed by the solemn Holy Qurbono and the novena at St Mary's MSCC at Sakinaka. Bishop also offered the Festal Holy Qurbono at St Mary's MSCC at Warje Malwadi on 08 September.

5. Holy Qurbono at Nirmal Hriday Minor Seminary, Pune

On 31 August, Bishop Thomas Mar Anthonios visited Nirmal Hriday Minor Seminary and offered the Holy Qurbono. He took time in meeting the seminarians along with Bro Jose the regent and the rector, sharing his spiritual experience and motivating them. The seminary was blessed to have his presence and spiritual guidance.

6. Reunion Day Celebration, Puttur

The historic reunion day celebration of the year was held in the Eparchy of Puttur on 17 & 18 September. Along with the other bishops, bishop Thomas Mar Anthonios also participated in the Holy Episcopal Synod held on 16 September and the reunion day celebrations on 17 & 18 at Puttur. Along with a good number of lay representatives, priests from the exarchate including Msgr. Varghese Mattamana and Mathew Varikkattu also participated in the reunion day celebrations.

7. Blessing of St Thomas Cathedral Church, Sulthan Bathery

It was again pride filled moments for the Malankara Catholic Church especially the Eparchy of Bathery for having completed and blessed the new Cathedral Church at Bathery. The Cathedral was blessed by His Beatitude Baselios Cardinal Cleemis along with the other bishops of the Church 19 and 20 September. H E Thomas Mar Anthonios was also part of this historic and blessed event held at Bathery. Bishops Jacob Mar Barnabas and Thomas Mar Anthonios were specially felicitated for taking up the role of the Shepherd, in leading the Eparchy of Gurgooan and the Exarchate of St Ephrem. Priests from the exarchate including Msgr. Varghese Mattamana, Mathew Varikkattu and Varghese Kadakeeth also participated in the blessing and other ceremonies.

EXARCHIAL COMMISSION NEWS

**I. The Malankara Catholic Suvisesha Sangham****1. Suvisesha Sangham District Formation, Hyderabad**

Suvisesha Sangham Monthly Formation Programme of Hyderabad District was held on 21 August 2016 at St Joseph's Church Jeedimetla from 7.30 am to 1.00 pm. The day began with the Morning Prayers and continued with the Holy Qurbano and concluded with the Noon Prayers. The Session on 'How to read, understand and meditate the Bible' was taken by Fr Varghese Valikkodath. The members of Suvisesha Sangham were taught in detail on how to handle the Bible, the way to read the Bible, the steps in meditating the Bible and how to pray with the Bible. The members were enlightened to lead a spiritual life based on the Word of God.

2. Suvisesha Sangham Parish Formation, Dehu Road

Malankara Catholic Suvisesha Sangham Formation Programme was conducted at St Joseph's Malankara Catholic Church, Dehu Road on Sunday, 28 August 2016 after the Holy Qurbano. Fr Varghese Valikkodath, the Exarchial Director Suvisesha Sangham led a very informative and knowledgeable session on the formation of Suvisesha Sangham in the Malankara Catholic Church and the need of initiating a life of Suvisesha Sangham spirituality among the Malankara Catholic faithful across the world. He explained in detail the 25 Ways of the Spirituality of Suvisesha Sangham and motivated the parishioners to be active members of Suvisesha Sangham either in the Parish or District level.

The very next day i.e. on 29 August 2016, the members of the Suvisesha Sangham visited the houses of almost all the members of the Dehu Road Parish and extended their heartfelt prayers and wishes to each family. The members also explained in brief their spiritual experiences after becoming a member of the Sangham.

The team was led by Rev. Srs. Krupa SIC and Alphonsa SIC. Each and every member of the Dehu Road Parish extended a hearty welcome to the Suvisesha Sangham members by arranging the Table for prayers in the manner directed by the Suvisesha Sangham and openly shared their

challenges in life and intentions for intercessory prayers.

3. Suvisesha Sangham Parish Formation, Chinchwad

The Parish level Suvisesha Sangham formation of Chinchwad church was held on Sunday, 28 August 2016 from 4.30 pm to 9 pm. Fr. Varghese Valikkodath, the Exarchial Director of Suvisesha Sangham led the Session convincing the faithful about the formation of Suvisesha Sangham in every Parish to build up a community, living according to the spirit and joy of the Gospel. The following points were explained in detail to create awareness about Suvisesha Sangham in the Church and the need to follow the spirituality of Suvisesha Sangham by the members of the Church:

1. The importance of transformation of individuals through self-Gospelization.
2. Church cannot grow spiritually, if its members ignore the study and practical implementation of Suvisesham (Gospel) in our personal, ecclesial and social life.
3. A person who does not live in Suvisesham cannot preach Suvisesham (share the gospel to others).
4. Servant of God Archbishop Mar Ivanios has led a gospel oriented life in Mundanmala by ardently following Antiochean Liturgical Spirituality in its unique manifestation.
5. Every member of Malankara Catholic Church has the spiritual responsibility to follow the life of Mar Ivanios Pithavu in Mundanmala adapting to the present spiritual, ecclesial, family and social life.
6. One should try to follow the 25 Ways of Spirituality propagated by Suvisesha Sangham.
7. Gospelization throughout India was a dream and vision of Mar Ivanios Pithavu, which should be continued by the present generation.

The Formation Programme concluded by the Holy Qurbano celebrated by Fr. Valikkodath.

Under the leadership of Fr. Varghese Valikkodath along with Srs. Krupa SIC, Alphonsa SIC, Lincy Maria SIC and the Suvisesha Sangham members from Pune District in four groups visited 24 families of

Chinchwad Parish on 30 August 2016. The visit helped the families to know more about the activities of Suvisesha Sangham and to share their prayer intentions with the Suvisesha Sangham Members. More members from the Parish promised to actively participate in the Suvisesha Sangham activities henceforth.

With the completion of Chinchwad Parish, the Suvisesha Sangham has completed the formation process in all the Parishes of Pune District.

4. Suvisesha Sangham Formation Session, Ulhasnagar and Dombivili

The Parish level Suvisesha Sangham Formation of Ulhasnagar and Dombivili parishes took place collectively on 14 August 2016 at St. Joseph's Malankara Syrian Catholic Church, Ulhasnagar. Sr Francina DM, the Ecclesial level Secretary of Suvisesha Sangham conducted the classes. She explained in detail the purpose of the formation of Suvisesha Sangham to the parishioners.

Fr Varghese Valikkodath, the Exarchial Director of Suvisesha Sangham celebrated the solemn Holy Qurbano and exhorted the parishioners to take up the activities of Suvisesha Sangham in both the units with greater fervour. Arrangements for the house visits by the District Suvisesha Sangham members in both Ulhasnagar and Dombivili Parishes were made under Mumbai Suvisesha Sangham Co-ordinator Mr Thomas Mathew's guidance.

The formation programme was attended by approximately 200 parishioners from both the parishes. Mr A J Varghese, Ecclesial Suvisesha Sangham member from Ulhasnagar, thanked the guests and the parishioners.

5. Suvisesha Sangham House Visit, Dombivli Parish

House Visiting Service in connection with the formation of Suvisesha Sangham was conducted gracefully and successfully at the newly formed St Mary's Malankara Catholic Church-Dombivli on 5 September 2016 from 8.30 am to 5 pm. 5 Religious Sisters and 15 Suvisesha Sangham Members participated in the service. All the members gathered outside Dombivli Railway Station in the morning and dispersed to different areas in 5 groups after a common prayer under the leadership of

Rev Srs Pradeepti SIC, Keerthi SIC, Kiran SIC, Lucia SIC and Jeena SIC. Visiting teams were given a warm welcome and patient hearing by all the families. The purpose of the visit was to enlighten the parishioners about Suvisesha Sangham and the spirituality of Mar Ivanios Pithavu. Guidance of the Holy Spirit was very much felt throughout the visit. Dombivli parish made all the necessary arrangements for the visit. Brochures about Suvisesha Sangham, History and Spiritual life of Mar Ivanios were distributed to all the families.

6. Suvisesha Sangham House Visit, Ulhasnagar Parish

House Visiting Service was conducted spiritually and successfully at St Joseph's Parish-Ulhasnagar on 11 September 2016 from 9.15 am to 6 pm. Rev. Frs. Samuel Thoppil and Varghese Valikkodath, Rev Sr Jobin SIC, Rev Bro Varghese Kurisinkal and 19 Suvisesha Sangham Members participated in the Service. All the members assembled at Ulhasnagar Church at 7 am for the Morning Prayers and Holy Qurbano. After special prayer led by Rev Fr Samuel Thoppil, the Procurator of Khadki-Pune Bishop's House, the Members were divided into 6 groups to visit the families of six areas of the Parish. Each group visited 9 families on an average and shared with them their spiritual growth after becoming members of Suvisesha Sangham and requested the family members to adhere to the Spiritual Way of Suvisesha Sangham by being active members at least in the Parish level. The visit covered almost 54 families of the Parish.

With the completion of Ulhasnagar Parish, the Suvisesha Sangham has completed the formation process in all the Parishes of Mumbai District.



II. The Malankara Catholic Youth Movement

1. MCYM Resource Team Formation, Hyderabad

The MCYM Resource Team Formation Programme was led by Fr. Varghese Valikkodath at St. Joseph's Malankara Catholic Church; Jeedimetla on 21 August 2016 from 2.30 pm to 5.30 pm. Around 20 youth from the two Parishes of Hyderabad participated actively in the session and went through the well explained Power Point presentation.

The session included brainstorming, reasoning and understandings based on the impact that is caused by drugs, alcohol, cigarettes and other

toxic substances.

This session was to educate and provide an insight to the youth about the effects of intoxication that harms the life and future of the youth. The session also had takeaways and case studies on how to overcome them.

- Use of alcohol and drugs not only causes physical but also mental and psychological disturbances.
- Usage of these substances is due to external influence and can be controlled by involving in productive and religious activities. Ex: MCYM activities, parental and expert counsellor guidance, social activities.
- The same message has to be conveyed and be kept in mind by all the youth to make this planet a better place to live.

2. MCYM Exarchial Animator's Visit, Pune Central

A session on 'Resource Team Formation' was conducted on 4 September 2016 at St Anthony's Malankara Catholic Church, Vishrantwadi by Mr Saji Daniel, the Exarchial Animator of MCYM, in the presence of Fr Varghese Valikkodath, the Exarchial Director of MCYM. The session witnessed an active participation of 25 youth of the Parish.

The session commenced with an 'Icebreaker'. Objective of this activity was to

- Enhance the team spirit among the youth
- Enlighten the youth to adopt a "move on approach"
- Help them to understand how to proceed after making a wrong move in their lives

The 'PowerPoint presentation' that followed, enabled the youth to gain a better understanding on the crux of Resource Team which revolves around three principles namely *teaching, preaching and healing*. It was beautifully co-related with the day to day lives of the youth.

The motive and goals of this new concept was explained in detail to the youth: The Team concentrates on preparing and presenting lessons from Classes 11 and 12 of Malankara Catholic Catechism Texts, aiming at the intellectual and the spiritual growth of the youth by involving different techniques and methodologies that would grab attention of the youth. It also aims at nurturing the upcoming youth with the core values of

Christianity.

A few Resource Team Members shared their experiences with the youth, thus motivating them to be a part of this great initiative. The two-hour fruitful session concluded with a short prayer and the vote of thanks proposed by Mr Justin Varghese.

3. MCYM Exarchial Animator's Visit, Warje Malwadi

On 11 September 2016, the Exarchial MCYM Animator Mr Saji Daniel visited St Mary's Church Warje Malwadi to interact with the youth and motivate them towards the Resource Team. All the members of MCYM including unit Director Fr George Mathew OIC actively participated in the session. He explained the need and objective of these sessions going across the Exarchate. The tip for the day was TPH i.e. Teaching, Preaching and Healing. All the youth were convinced that these sessions will not only help them to grow spiritually but also benefit on the career front too by becoming efficient communicators.

4. Train the Trainers – a One Day Training Programme, Mumbai Resource Team

A one day event 'Train the Trainers' was conducted on 5 September 2016 at St Mary's Church Sakinaka to train the members of MCYM Resource Team-Mumbai to improve their public speaking and presentation skills.

Resource Team Members from almost all the Parishes in Mumbai actively participated in the Sessions directed and motivated by Mr Saji Daniel and Mrs Julie Jim, the Exarchial Animators of MCYM. It consisted of two training sessions and a feedback session.

The Sessions began at 9 in the morning with a brief introduction of the topic followed by 'the Puzzle' activity which was completed successfully by the participants. Numerous learning from the activity were evolved through the reflections of the Resource Team Members with the timely explanation of the Trainers. Motivational quotations from the Bible quoted in generous proved to be a sharp weapon to encourage the participants to overcome their fear of public speaking.

In the afternoon Session, various fun activities were demonstrated and key points for effective speaking were explained including visual and verbal presentation.

Later a feedback session was conducted by Mrs Julie on how efficient the Resource Team has been working till date; Members openly and joyfully shared their experiences. The event was concluded at 5.30 in the evening by vote of thanks by Ms Sojisha Samuel, the President- MCYM Mumbai. The culmination of the Training Session was illuminated with a promise by each member to apply the learning in their day to day life and spread knowledge to the world. The result of this training was to coach trainers - to teach, preach and heal.

Upcoming Events

October

01	Malankara Catholic Community	Visakhapatnam Mission
02	One Day Retreat	Visakhapatnam Catholics
03	Mission Visit	Vijayawada
04	Mission Visit	Vijayawada
05	Mission Visit	Vijayawada
08	Suvisesha Sangham Formation	Pune District
08	MCYM Resource Team Formation	Mumbai District
09	Suvisesha Sangham Formation	Mumbai District
09	MCYM Resource Team Formation	Mumbai District
15	MCYM Resource Team Formation	Chennai District
15	Suvisesha Sangham Formation	Chennai District
16	MCYM Resource Team Formation	Bangalore District
16	Suvisesha Sangham Formation	Bangalore District
19	Malankara Catholic Community	Visakhapatnam
20	Malankara Catholic Community	Visakhapatnam
22	Suvisesha Sangham Formation	Hyderabad District
23	Suvisesha Sangham Formation	Hyderabad District
23	MCYM Resource Team Formation	Hyderabad District
26	Mission Visit	Vijayawada
27	Mission Visit	Vijayawada
28	Mission Visit	Vijayawada
28	Catechism Children's Camp	Mumbai
29	Catechism Children's Camp	Mumbai
30	Catechism Children's Camp	Mumbai
30	Catechism Teachers' Seminar	Mumbai District

EXARCHATE DISTRICT NEWS**Pune District****1. St Antony's MSCC, Vishrantwadi****a. Nativity of Our Lady**

The parish celebrated the nativity of the Blessed Virgin Mary from 1st to 8th September. There were rosary prayers, Qurbano and Intercessory prayers to our Lady every evening. Parishioners also took part in the prayer service held at Bethany Ashram, Ramwadi.

b. One Day Picnic

The parish and the Vicar along with the brothers and DM sisters coming for pastoral ministry went for a one day picnic to Lohagad after the Holy Qurbano.

2. St Mary's MSCC, Warje Malwadi**a. Feast of Assumption & Independence Day**

On 15th August the parish celebrated the Feast of the Assumption of Mother Mary. The National flag was hoisted by Fr. Samuel Thoppil to mark the Independence Day celebration followed by Holy Qurbano.

b. Parish Feast of the Nativity of Our Lady

The festal celebrations of the parish began with the hoisting of the perunal flag by Rev. Fr Zacharias OIC on 1 September. On all the 8 days, rosary and intercessory prayers were conducted. Msgr Varghese Mattamana offered Holy Mass on 4th September. Holy Qurbano in Latin and Syro Malabar Rite was also celebrated. The candle procession gave witness and blessing to many localities to be part of our celebration. Gospel messages were also shared by Rev. Frs. Cyril Anand OIC and Samuel Thoppil.

On the final day the con-celebrated Holy Mass was offered by the Most Rev. Thomas Mar Anthonios OIC, Fr. Samuel Thopil and Fr. George Mathew OIC. In the public meeting that followed SSC/HSC passed students were awarded and Mrs. Jisha Samuel was felicitated on completing her doctorate (Phd in physics). The parish Mathrusangam jubilee year was inaugurated by our beloved bishop. Special prayers were held for the Perunal sponsors Mr. D. Thomas and family. The torch of candle was handed to the coming year Perunal sponsor Mr. Sathiaraj & family.

3. St. Thomas MSCC, Chinchwad

a. Prabodhana Class

Prabodhana Class was taken by Bro. Jaison OIC, the on 21st August. This class on the sacrament of matrimony was for the combined audience of MCA and Ladies wing members. Brother gave his insightful views on the subject and also took questions from the audience. Few MCYM members also attended the session.

b. Nativity of Our Lady

The feast of the nativity was celebrated from 1st to 8th September with much enthusiasm and spiritual fervor. There was Holy Qurbano on 7 days celebrated by Rev. Fathers from various Parishes. On the 7th day, church members visited Bethany Ashram, Ramwadi and participated in the service and also led a 20-minute prayer session. On the last day Mathrudinam was also celebrated. The ladies wing members actively participated in the Holy Qurbano wearing traditional Kerala sarees and also were part of the choir.

c. MCYM Prayer Session

The Mycm Dehu Road-Chinchwad conducted a half day prayer session on 4th September. The session was led by Bro. Melvin Mathew OIC and missionary brothers from Dehu Road and Chinchwad. Around 20 MCYM members participated in this prayer session.

4. St Joseph's MSCC, Dehu Road

a. Prabodhana Classes

The first Prabodhana classes for the Mathrusangam and the MCA were conducted on the topic 'Marriage' on 21 August by Br Geevarghese Barsoma OIC. The session was very interactive, informative and inspirational for a better married life.

b. Hindi Qurbano

The first Holy Qurbana in 'HINDI' was conducted for the first time in the parish on 11th September. The response of the Qurbana was alarming as each and every member whole heartedly participated in the Holy Qurbana and urged that the Hindi Qurbana could be celebrated twice in a month. This would be a good move for the people from other vernacular

to understand and experience the oriental spirituality.

c. Nativity of Our Lady

The Nativity of Our Lady was celebrated with intercessory prayers on all the eight days at the Grotto. Mother's Day was also celebrated during the festal celebrations.

5. Holy Redeemer's MSCC, Kalewadi

a. Nativity of Our Lady

The eight days of feast was celebrated with Vachana Praghoshanam & Holy Qurbano offered by Rev. Frs. Mobin Cooravadi, Joseph Venmaanath, Benjamin Thomas, Arundas OIC, Babu SVD, Bibin Kalambadan, Rijo Thomas OIC and the main celebrant on the final day Fr Sathyan Thomas OIC. During all eight days special intercessory prayers & Holy Qurbano were offered.

b. MCYM Picnic & Food and Fun Festival

The food and fun festival was conducted on 28th August 2016. Around 70 Youths participated in this festival. Various delicious food were prepared by the youths. On 10 September the unit MCYM went for one day picnic to Dapoli – Karde and Murud Beach. 42 Youths enjoyed the Scenic Beauty of Dapoli.

c. Inauguration of MCCL Yearly Program

The newly elected MCCL body along with the brother-in-charge and Animator of MCCL planned out the yearly programme of MCCL Students for the year 2016-1. This official yearly programme was inaugurated by the Vicar Rev. Fr Noble Joseph OIC on Sunday 11th September.

Mumbai District

1. St Thomas MSCC, Borivali

a. Nativity of Our Lady

Eight days of nambu before the feast of the Nativity of Mother Mary was observed in the Parish. On all the eight days there were evening and intercessory prayers to Mother Mary led by the Vicar, Rev Fr Joseph

Thomas OIC and Rev Sr Bhavya SIC. Holy Qurbana was celebrated on most of the days. Parishioners participated in the daily prayer services and the feast day service in good numbers. On 8th September Rev Fr Ignatious Thangalathil OIC celebrated the Holy Qurbana. *Nercha Payasam* was served on the Feast Day. It was a spiritually enriching experience for everyone.

2. St Mary's MSCC, Dombivali

a. Sunday School Day Celebration

On 21st August 2016 Sunday School Day was conducted. The event started after the Holy Qurbana with the welcoming of the dignitaries to the dais by the Sunday School Headmistress followed by the prayer song by the Sunday School Student. The Vicar, Sister In charge and the Presidents of the pious organizations were welcomed with bouquet. Various Cultural programs were conducted by the Students on this occasion and the event ended with the final blessing of the Vicar.

b. MCYM Annual Agenda Inauguration

On 21st August 2016 MCYM the Annual Agenda for the year 2016-17 was inaugurated by Rev Fr. Manoj Varghese OIC, the Vicar and the same was handed over to the MCYM Animators. The theme of the year is "Grow in Christ" and the Bible verse "*But grow in the Grace and Knowledge of our Lord and Saviour Jesus Christ. To him be the Glory, both now and to the day of Eternity.*" (2 Peter 2:18).

3. St Mary's MSCC, BARC

a. Mathrudinam Celebration

Mathrudinam was celebrated in the unit on September 4th, after the Holy Qurbano. The mother's of the parish made offerings before the qurbano. A short meeting was held after the Holy Qurbano wherein Mrs. Shine Anil was the MC for the day. The meeting began with Mrs. Bindu Joseph (President) welcoming the gathering and inaugurating the function. This was followed by reading of the report by the Mathru samajam secretary Mrs. Aleyama Joseph. In the meeting, Mathrusamajam members actively took part in singing, skit presentation and a short story. Rev. Fr. Mathai Iranithara OIC and Rev. Sr. Jeena SIC also spoke on the occasion. After the meeting, dinner was arranged by the Mathrusamajam.

4. Holy Family MSCC, Vikhroli

a. Nativity of Our Lady

The parish observed the 8 Nomb from 1st to 8th September 2016 with Holy Qurbana and special intentions offered for the families. The flag to mark the beginning of the Nomb and the Feast, was hoisted on 28th August after the Holy Qurbana celebrated by Rev. Fr. Philip Pulipra. During the nomb, Rev. Fr. Stephen Chempakathoppu from Goa celebrated the Holy Qurbana in the evening with the intercessional prayers to our beloved Mother Mary. Nercha was offered after every Holy Qurbana.

On 8th September His Grace Most Rev. Yoohanon Mar Chrysostom, the Metropolitan of Pathanamthitta Diocese was the main celebrant for the Holy Eucharist. Aboon congratulated the unit for participating in the Eucharist in a lively manner and that it has been one of the active parishes of the region. During the occasion, birthday of Rev. Fr. Stephen Chempakathoppu, felicitation of the Catechism teachers for their selfless contributions for grooming the children in faith formation was held. Rev. Fr. Shinto, Vicar of Infant Jesus Syro Malabar Church participated in the family get together held after the Holy Eucharist. Mr. Binu Pattiyankal conveyed the vote of thanks to the Aboon and all others present.

b. Mathrudinam Celebration

The parish celebrated Mathrudinam on 4 September. Rev. Fr. Varghese Kaithon, Finance Director of the Exarchate, the main celebrant specially offered the Holy Eucharist for the mothers of the unit. The choir and the bible readings during the Qurbana were done by the mothers. After the Holy Qurbana was a short programme which included prayer, speech, testimonial sharing, and thanksgiving etc. Rev. Fr. Shinto, Vicar of Infant Jesus Syro Malabar Church was the guest of honour of the event. The celebration wound up with agape.

5. St Thomas MSCC, Thane

a. Sunday School Day & Mathrudinam Celebration

The parish celebrated Sunday School Day on 7 Aug under the guidance and support of Sunday School HM, Teachers, MCCL leaders and the

MCYM. Celebrations started after the Holy Qurbano by lighting the lamp and felicitating students from Nursery to 10th standard for their performance in the previous academic year. Celebrations included Performance by kids, informational video, action songs, games and a session on good touch and bad touch by MCYM animator Sonia John. The kids and youth had a wonderful time interacting with each other.

Mathrudinam was celebrated on 4th September, the day being dedicated for the mothers of the parish. Holy Qurbano was celebrated by Rev. Fr. Benedict Kaniyantayyathu OIC. Mothers brought individual offerings to the Holy Altar. Mrs. Mariamma George spoke on the occasion highlighting the relevance of *mathrudinam* and the importance of mother in our lives and her vital role in a Christian family and society.

b. Nativity of Our Lady

The feast of Mother Mary was observed and celebrated from 1 to 8 September. The parishioners observed lent and gathered at the church in the evenings to pray, for confession, rosary, intercessory prayers and Holy Qurbano. Priests including the Vicar, Rev. Fr. Ignatius Thangalathil OIC, Rev. Fr. Benedict Kaniyantayyathu OIC and Rev. Fr. Sathyan Thomas OIC celebrated Holy Qurbano on different days of the Nombu. Nercha payasam was offered and shared on the feast day after the celebration

c. Parish Day

The feast of the heavenly patron St Thomas was celebrated from 1 to 3 July. The celebration started with Holy Qurbano by Rev. Fr. Philip Pulipra, Vicar of Sakinaka and Vikhroli parishes who also hoisted the Perunal flag on 1st July. On the next day, the parishioners gathered for evening prayers followed by praise and worship led by Rev Fr John Britto OIC assisted by Minju Chambakara and team from Kerala. The festal Dukrono Qurbano was celebrated by Rev. Fr. George Ayyaneth OIC. The parish hall, '*Domum Caritate*' built above the parsonage was blessed by Fr George Ayyaneth and Fr John Britto.

In the public meeting which followed Fr. George and Fr Manoj conveyed feast wishes to all. Cultural programmes were conducted by Sunday school, MCYM and Mathrusangam members and all the pious

organizations presented their annual reports. Students who scored 80% and above marks for HSC/SSC exams were felicitated. Meeting concluded with vote of thanks by Vicar Rev. Fr. John Britto OIC followed by Papal anthem. After the nercha the perunal celebrations ended with lowering of Perunal flag.

d. Farewell to Fr John Britto OIC

After three and a half years of selfless spiritual leadership, the Thane parishioners on 31 July bid farewell to Rev Fr John Britto OIC as he is aspiring for studies in Rome. The parish Trustee and representatives of all pious organisations expressed their gratitude and appreciated the love and affection of Fr. Britto towards the parishioners. A memento was also presented to him. Parting gifts were also given to him by the Parish and all pious organisations. During his farewell speech, Achen thanked parishioners for the love and care shown to him. On this occasion, the parishioners also welcomed Rev. Fr. Manoj Varghese OIC the new vicar of the parish.

e. Suvishesha Sangam *Kaivaipu*

The parish specially congratulates Mr. Issac Kuttiyil who received kaivaipu for being member of suvishesha sangham during the Kaivaipu service conducted on 14th and 15th July 2016 at Patton Cathedral during the 63rd ormaperunaal celebration of Mar Ivanios.

6. St. John the Baptist MSCC, Vasai

a. Year of Mercy - Cathedral visit

The three parishes, Vasai, Malad and Borivali, a total of around 80 members under the Leadership of Rev. Fr. Joseph Thomas visited the Cathedral Church in Khadki on 28 August as part of the Holy Year of Mercy. Holy Qurbono, special prayers and confession was held at the cathedral.

b. Mathrudinam Celebration

The parish celebrated Mothers day on 4th Sep. The choir for the Holy Qurbono was led by Mathrusangam Members. They brought offerings for the Qurbono. A short meeting was conducted thereafter and was hosted by Mrs. Mariamma Abraham. Mrs. Preethy Mathew sang a

beautiful song during the meeting and Mrs. Rani Mathew gave an inspirational speech. New Mathrusamajam members were welcomed too.

c. Teacher's Celebration by MCYM

The Mcym of the unit celebrated Teacher's day on 4th September. Mrs Anitha Jethin delivered a speech praising and felicitating the teachers. The Sunday school teachers were honored with a token of love and gratitude.

7. St. Mary's SMCC, Sakinaka

a. Prabodhanam class

Sr. Jeena SIC conducted the first Catechism class for MCA and Mathrusangam after the Holy Qurbono on 28th August. The class was based on the 11th and 12th Catechism textbooks and the topic for the class was 'Married life: A divine call'. At the end of the class, a small quiz was also conducted.

b. Nativity of Our Lady

September 1st to 8th was celebrated as the feast of the Nativity of Mother Mary and the Church Feast. On the first day, His Excellency Thomas Mar Anthonios OIC led the 'kodyettam shushrusha' followed by a solemn Holy Qurbono and the novena to Mother Mary. On the second day, the Holy Qurbono was led by Fr. Samuel Thoppil while the third and the fourth days were led by Fr. Varghese Kaithon. The fifth day was led by our Vicar, Fr. Philip Pulipra and the sixth day was led by Fr. Stephen Chempakathoppuvila. The main festal qurbono was offered by His Grace Yoohanon Mar Chrysostom, Bishop of Pathanamthitta. On that day, 5 Sunday school kids received First Holy Communion. After the Qurbono, Novena and the 'raasa' a general meeting was conducted wherein the First Holy Communion recipients were felicitated.

c. Mathrudinam Celebration

The 4th day of the feast of Mother Mary was also celebrated as Mathrudinam. All the mothers in the parish were dressed in the traditional Kerala saree made offerings before the qurbono and gave leadership for the choir as well.

d. Release of Pithrusmrithi

MCYM Sakinaka released their first short film on Mar Ivanios, 'Pithrusmrithi' by the hands of His Grace Yoohanon Mar Chrysostom. It was done in the presence of Unit Director, Rev. Fr. Philip Pulipra who also had written and directed the short film. The film was brought together by St. Mary's Productions, a team of vibrant boys and girls who are passionate about film making. The hands behind it includes Philip Issac, Stanley Simon and Jessmon Eappen. The film has been uploaded on YouTube and can be found on MCYM Sakinaka's YouTube channel.

8. St Mary's MSCC, Kharghar**a. Catechism Day Celebration**

On August 28th the parish conducted the cultural programs for MCCL Day, wherein our sunday school kids showcased their talents. The programs also included an interactive session of elders and kids. This celebration was a continuation of the MCCL Day which was held on 7th August, where the children had offertory and a special Holy Qurbano.

b. Parish Feast

The celebrations for the Parish perunal began on 28th August with the *kodiyetam* by our parish priest, Fr. Mathai Iranathara OIC after the Holy Qurbano. There were programs for all 8 days of the perunal. From 1st to 8th every evening there was rosary recital, sandhya prarthana, Holy Qurbana and Intercessory prayers. From 5th to 7th August, the yearly perunal dhyanam was conducted by Fr. John Venkittath based on the topic- The Magnificat - Mother Mary's hymn of praise and the challenges of Christian Families. On 8th September was the solemn Holy Qurbano and Perunal Rasa led by our vicar. The same day four children from the parish received the First Holy Communion.

c. Mathrudinam Celebration & Prabhodanam Classes

Mathrudinam was celebrated on 4th September, as part of which offertory was held and a special Holy Qurbano was offered. After the mass a cultural program was conducted. Mathrumaholsavam 2016 preparations have begun with parish level competitions being conducted and practices being conducted regularly. Prabhodanam classes for MCA and Mathrusangam has also began from 21st August led by Sr Lucia SIC.

Hyderabad District**Mother's Day Celebration**

With regard to the feast of nativity, Mother's day was celebrated on 4th September in the units of Jeedimetla and Picket in Hyderabad district. The day was filled with lot of blessings for all the mothers. By offering themselves to the Lord, the qurbano began, followed by which was various cultural activities. There were various competitions like: Mar Ivanios Quiz, Bible verse writing and Bible reading marking the celebrations of the day.

Bangalore District**1. St Mary's MSCC, Hennur****a. Sunday school Kalotsavam**

The parish celebrated Kalotsavam for the Catechism Students on 28 August. The event including Fancy dress for the tiny tots, reciting Psalm 23, Bible reading, Christian devotional solo singing and elocution were held after the holy qurbano. The winners were awarded on 11 September. Master Blesson Samuel and Manav Biju shared the Kalathilakam award for scoring maximum points.

b. Mathrudhinam Celebrations

On 4 September, the parish celebrated Mathrudinam. They brought offerings during the qurbano offered by Fr Varghese Kadakketh. Various games were organized under the leadership of Sr Jerose SIC and MCYM members. Prizes were distributed to all the winners by the vicar.

c. Nativity of Our Lady

The parish celebrated the feast of the Nativity from 1 to 11 September. It was a spiritual enlightenment with with rosary, Novena and Holy Qurbano every day. Rev Frs. Mathew Varikattu, Geevarghese Kaithavana, Augustine Thomas, Varghese Kadakketh celebrated the holy qurbano do different days. On 10 September was the Syro Malabar Qurbana and candle procession. The same day the parish had the anniversary celebration of all the pious organizations with cultural programs. The final day Holy Qurbano was concelebrated by Rev. Frs. Abraham Prasad OIC, Sunil Maria and Varghese Kadakketh. Prizes were awarded for the winners of Catechism and Mother's Day competitions.

To mark the end of this year's celebrations the Flag was lowered by the Vicar and handed over to the church Trustee and Secretary.

2. St Joseph's MSCC, Mathikere

a. Mathrudinam Celebrations

The parish celebrated the day beginning with Holy Rosary, Morning Prayers and Holy Qurbano which was offered by Fr Mathew Varikkattu. The mothers of the parish brought offerings for the qurbano and participated actively. After the qurbano was a brief felicitation meeting where in Fr. Varikkattu appreciated the mothers of the unit for the bringing up of the community and the society. Mrs. Jessy Joseph gave the keynote address about on the Mother's day celebration. The day was filled with lot of enthusiasm as the mothers came up with a common dress code for the day and actively participated in the auction of the objects brought by them as offertory. As part of the celebrations, Mathrusamajam members cleaned up church premises and sponsored refreshments for all the parishioners.

3. St Alphonsa Community Centre, Carmelaram

a. MCYM Resource Team Session

The units of Mathikere and Carmelaram completed the 4th Chapter of the Resource Team Sessions in their respective Units on the topic Intoxication on the 28th of August and the 4th of September 2016. The Presenters conducted this session using PowerPoint presentations and Q&A sessions to ensure the content is conveyed to all the members. Anisha Mathew conducted the session for 15 youths in Mathikere while Rishi, Remo, Gloria and Jocelyn jointly presented this at Carmelaram.

Chennai District

Parish News

1. St Thomas MSCC, Padi

a. Prabodhanam Class

On 21st August, after the Sunday Holy Qurbano, Prabodhanam – faith formation of MCA and Mathrusangam members was inaugurated by Rev. Fr. Sabu M George in the presence of Rev. Fr. Moncy Kaleeckal. The Co-ordinators Mr. Joshy Raphael and Mr. Vincent Raj felicitated the

gathering. Sr. Mahima SIC gave a speech and led the discussion on the importance of family life.

b. Nativity of Our Lady

The parish celebrated the nativity feast of Mother Mary from 1st to 8th September. Daily Holy Qurbano, Rosary and Intercessory prayers were attended by all. Thoughtful spiritual messages were delivered by the suviseshasangam members, who received the blessings from the Catholicos. On the seventh day, a procession was organized covering the neighbouring areas in the city. On 8th September the Nombu was concluded with Holy Qurbano celebrated by Msgr Varghese Mattamana and distribution of nercha.

c. MCYM Resource Team Class

The resource team of the MCYM Chennai zone conducted its 5th session on the 4th of September. The session led by Ms. Lipimol Philp in the presence of Vicar Rev. Fr. Sabu M George and MCYM Animator of Chennai Rev. Sr. Mahima SIC, was about Intoxication and its ill effects. The session was interactive. Biblical verses justifying the ill effects of intoxication were cited and all participated very actively.

2. St George MSCC, Ayappakkam

a. Nativity of Our Lady

The parish celebrated the feast of the Nativity of our Lady with utmost spiritual vigour. There were special intercessory prayers and holy qurbano. A procession was also taken to the road praying and giving witness to the people around. The celebrations were given leadership by Rev. Fr Stephen Mathaar, the vicar.

3. St George Community, Thamparam

a. Nativity of our Lady, Catechism & Teacher's Day

The new community formed in thamparam also celebrated the feast of the Nativity, Catechism day and Teacher's day with vigor and enthusiasm. Special prayers were held on the feast day. The students performed different talents on the occasion of Catechism Day. The programs were given leadership by Fr Stephen Mathaar and DM sisters associated with the community.

1. Mar Gregorios College, Chennai**a. Onam Celebration**

The college celebrated Pongal on 9th September. Rev. Fr. Sabu M George shared the Pongal message. Rev. Dr. John M Prasad, Director, Centre for Peace Studies, Madras Christian College, Chennai presided over the function. Various cultural events of our students like Thiruvathira, Pongal Songs, Semi classical dance and a special performance by the Kindergarten students of Mar Gregorios Public School were staged as part of the celebrations. Pongal Payasam was served to all the staff and students.

b. MGC-SRT Workshop

The MGC Students Resource Team has stepped into its second successful year and it organized the first workshop for this academic year on 31st August. The workshop was handled by Advocate Thomas T. John, the legal advisor of MGC. The students very much benefited out of the session which focused on Right to education (RTE), Right to Information (RTI), Family law, and laws relating to women's protection under domestic and societal violence.

c. Teacher's Day Celebration

To mark their gratitude and respect towards teachers, the students of MGC organized a signature campaign on a wide banner near the college entrance gate on 2nd September. A special prayer for the teachers was conducted. The prayer session was followed by distribution of sweets, book mark and scholarship for the wards of the college staff members. The celebrations witnessed cultural programmes, fun and games. The celebration concluded with lunch hosted by the management.

d. Academic Fests

The departments of English and Business Administration conducted intra-mural competitions as part of the fest. Dr. Rajeshwari, Mr. Sujeeth Nai, and Mr. Piyush all alumni spoke on personality development skills and on the theme 'where do you stand on the road to progress?' respectively. The Department of Computer Science invited, Amanda Gagle, from Zoho Corporation, United States of America to speak on the

employable trends in the IT sector. CORP-SHOP, a one day bazaar was also held whereby training was given to students to be an entrepreneur for a day.

e. Curricular and Extra Curricular Achievements

- Mrs. Hency Juliet, Head of the Department of Computer Application published a research article titled “Comparative Analysis of Classification Algorithms on Endometrial Cancer Data” in “Indian Journal of Science and Technology”.
- The University of Madras selected one student from Mar Gregorios College to participate in the pre–Republic day selection camp to be held at Trichy, Tamilnadu.
- Sai Ramanujam of the batch 2013 to 2016 ranked FIRST in the University of Madras and Geethu Rita James ranked SECOND in the same batch from the Department of Visual communication.
- Dr. Christopher Nallarasu, the Physical Director of Mar Gregorios College participated in the 14th Chennai District Masters Athletic Meet and won the FIRST place in 200 meters dash and 100 meters dash.
- MGC won the 3rd prize for Inter–Collegiate Cricket Tournament conducted by Hindu College, entered the quarter finals of Madras University B Zone, qualified for the Quarter final in Buck Memorial Cricket Tounament and entered semifinals for the Hungry Legs conducted Futskills 5-a Side football Tournament.

2. Mar Gregorios CBSE Public School, Chennai

a. Independence Day and Seasons Day

MGPS students celebrated Independence Day and seasons day on 15 and 19 august respectively. The chief guest for the Independence Day was Dr. P. Prakasam the former Principal of MGC. After the Independence Day message, there were cultural programme of the children. On the seasons day, the staff educated the students regarding the seasons. Students were shown different seasons on projector. Some students wore dresses depicting a particular season, while others brought fruits specific to and charts about the seasons. Some students prepared speeches on the seasons. It was a great learning experience for all the students.

b. Teachers Day & Exhibition

MGPS staff and students celebrated the Teachers day on 2nd Sept. After the prayer all students shook hands and received blessings from the teachers. School Principal Sr. Seraphin Maria DM shared her thoughts with the teachers. Teachers were welcomed with the flowers by the students. The Exhibition held on 9th Sept was inaugurated by the School Secretary Rev. Fr. Sabu M George by lighting the lamp and cutting the ribbons. Staff from Mar Gregorios College & Little Flower Nursery School visited and encouraged the students. The exhibition focused on subjects like English, Maths, and Science whereas the kindergartener's prepared the models of Flowers, Animals and the Human body.

c. Onam Celebration

MGPS Students & Staff celebrated Onam festival wearing traditional costume. The programme started inviting Maveli on to the stage. Principal Rev. Sr. Seraphin Maria DM gave the Onam message. Various entertainment programs were presented by the students including Thiruvathira and Onam songs.

3. Sacred Heart Matriculation Higher Secondary School, Chennai**a. Onam Celebration**

The Principal, Staff and Students of Sacred Heart Matriculation Higher Secondary School celebrated Onam festival. Msgr. Fr. Varghese Mattamana presided over the function as Chief Guest. Each class was decorated with *Atha Pookkalam*. Various entertainment programs were presented by the students such as *Vadamvali*, *Thiruvathira*, Onam songs and *Uriyadi*. All Staff and Students came in traditional dress. The entire school campus reverberated with enthusiasm. The school teachers were all invited for Onam Sadhya by the Management.

b. Teachers Day Celebration

Teacher's day was celebrated with great enthusiasm and vigor. The entire campus was vibrant as the students showed their immeasurable love for teachers by exchanging gifts, conducting games etc.

4. Little Flower Nursery School, Chennai**a. Onam Celebration**

The Headmistress, Staff and Students of Little Flower Nursery School

celebrated Onam festival on 13th September. The Chief Guest Mrs. Ann Hepsibha – HOD of Mar Gregorios College of Arts & Science, Chennai lighted the lamp. Various entertainment programs were presented by the students such as thiruvathira, tableau, song, dance, etc. Parent's competition was also conducted on that day and prizes were given away to all the winners.

b. Teachers Day Celebration

Teachers Day programs was held on 6th September. The programs included Students' Dance, Speech, Action Song, Teachers Skit and Dance. After that there was a Seminar for Teachers led by Mrs. Prema HOD of Mar Gregorios College of Arts & Science, Chennai. The celebration concluded with a grand lunch which was hosted by the management.

Days of Remembrance

October 2	Feast of St Francis Assisi & Malankara Catholic Youth Day
October 10	Feast of Commemoration of His Grace Benedict Mar Gregorios OIC
October 23	Mission Sunday
October 28	Erection of the Eparchy of Bathery

Upcoming Events

- 02 October - MCYM Patron's Day Celebration, Khadki-Pune
 11 October - Seminar for M.C.A & Mathrusangam, Khadki-Pune

Seminary Sponsors

1. St. Mary's Cathedral Church - Sofa Set
2. Joy Baby, Kharghar - Microwave Oven
3. Evana Sherin, Kalewadi - ₹ 2000

Bishop's Diary

01 October - 02 November - Mission Preaching, Switzerland

Subscriptions from the Parishes

Sr. No	Parish Name	Seminary Day 03.04.16	Laity Day/MCA 01.05.15	Sunday School 07.08.15	Justice Sunday 21.08.15	Mathru Sangam 04.09.15	Reunion day cover
1	St. Mary's MSCC Church, Khadki	2160	1820	1820	3000	2500	25000
2	Holy Redeemer's MSCC, Kalewadi	3291	2842	2842	2670	10261	30350
3	St. Antony's MSCC, Vishrantawadi	3453	5560	5560	4880	5510	20000
4	St. Joseph's MSCC, Dehuroad	665	330	330	590	675	7000
5	St. Thomas MSCC, Chinchwad	650	650	650	1050	1110	7000
6	St. Mary's MSCC, Warje Malwadi	675	1170	1170	1800	2000	5000
7	St. Mary's MSCC, Aurangabad.						
8	St. Thomas MSCC, Nashik.						2500
9	St. Mary's MSCC, BARC	1117	1250	1250	1590	1450	8800
10	St. Mary's MSCC, Kharghar	1399	1400	1400	1840	1950	11300
11	St. Mary's MSCC, Dombivali						
12	St. Thomas SMCC, Borivilli	1995	1872	1872	4037		2385
13	St. Mary's MCC, Malad	300	300	300	310		
14	St. John The Baptist MSCC, Vasai	1505	1239	1239	1686	1688	1496
15	St. Mary's MCC, Sakinaka	2026	4074	4074	3210	2982	4830
16	Holy Family MCC, Vikhroli	1500	1500	1500	2000		5650
17	St. Thomas MCC, Thane		3110	3110	2900		
18	St. Joseph's MSCC, Ulhasnagar						
19	St. Thomas MSCC, Padi						25000
20	St. George MCC, Ayyappakkam	1865	1490	1490	1570		2000
21	St. Mary's MSCC, Hennur	3350	3380	3380	6260	3260	25000
22	St. Joseph's MSCC, Mathikare	2265	2790	2790			
23	St. John's MSCC, Singasandra	3335	3160	3160	4125		4345
24	Mother Mary MSCC, Secunderabad-Picket	1190	1620	1620			9700
25	St. Joseph's MSCC, Hyderabad	900	1100	1100	1350		5450
26	St. Ephrem MSCC, Goa						5500
26	St. Alphonsa Mission, Carmelaram						
27	Bhoisar, Mission						
28	St. Mary's MSCC, Nagpur		1200				

Rev. Fr. Varghese Kaithon
(Exarchate Procurator)



Birthday Celebration of Fr Varghese Katihon at the Bishop's House

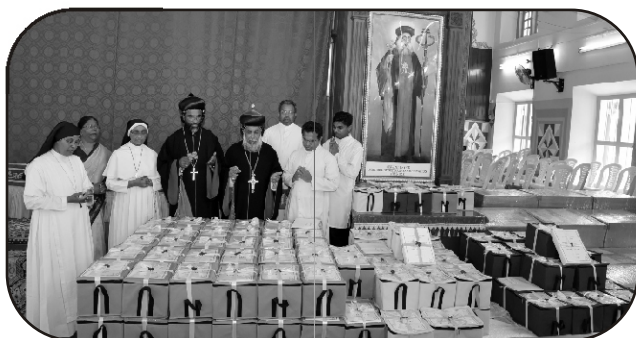


MCYM Yearly Planner Inauguration, Dombivili



Onam Celebration - Little Flower Nursery School, Chennai

Closing Ceremony of the Archieparchial Inquiry for the
Canonization of Archbishop Mar Ivanios, Trivandrum





Parish Picnic, Vishrathwadi



MCA and Ladies Wing Class, Chinchwad



St George Malankara Community at Thamparam, Chennai.



Suvishesha Sangam Members from Padi Parish

**Closing Ceremony of the Archieparchial Inquiry for the
Canonization of Archbishop Mar Ivanios, Trivandrum**



Blessing of St Thomas Cathedral Church, Bathery



Reunion Day Celebration, Puttur



Printed and Published by
The Chancellor, Exarchate of St Ephrem

51 Bhaupatil Road, Bhopadi, Pune - 411 020. Tel.; +91 9545941458. Email : ephremite@gmail.com